

*Keeping*  **PACE**  
*with the* **NEWS**

Sunday November 19, 2023

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**Marving Petsel** acted as Class Leader since **Barbara Wheat** was at home on Zoom. Marvin offered the opening prayer.

**Barb and Marvin Petsel** brought the snacks.

**Barb Petsel** gave the closing prayer.

**PROGRAM:**

**Rev. Chris Dowd** honored our class with Answers to our many and troubling Questions.

**ANNOUNCEMENTS:**

You can read this important information about **3 simple steps to recognize a stroke** in [this document](#). Even if you have read this before, it doesn't hurt to have a reminder.

The **PACE Christmas Party** will be on Sunday, December 3 at 5pm. The location is the Overture apartments (where Mary Dell Green lives), 500 Coit Road. Entry instructions will be emailed later.

**We will not have PACE class Christmas Eve or New Years Eve.**

There will be a Watch Night service at 7:30pm on New Years Eve, but it will only be on Zoom.

**PACE DINNER GROUPS 2023-2024** are posted on the bulletin board in the PACE classroom and [here](#) on our website. All Groups are flexible (restaurant or in home).

If you would like to be in a dinner group and are not in one now, contact **Lorraine Lewis 214-536-6201**

**PLANO OVERNIGHT WARMING STATION** will be collecting new and gently used supplies for POWS; sweatpants, sweatshirts, socks, underwear, gloves, hats, scarves, and blankets.

**Jim Alexander:** Please bring coats, or warm clothing to class next week for the Homeless. Jim will deliver to Hope Restored.

**CONCERNS:**      << [back to top](#) >>

**Sherry Hartman:** Continued healing prayers for her sister, Connie. She has a serious foot infection and is having hyperbaric treatments. This week her doctor said her foot is healing - she will need 4 more weeks of treatments – this is great news because she was afraid she might lose part of her foot.

**Becky Mather:** Prayers for her sister, Sandi. She is continuing with chemo treatments - did well after her last treatment and is looking forward to Thanksgiving.

**Becky and David Mather:** daughter, Emilee has improvement and less pain after her esophageal surgery – continues with only soft foods until after Thanksgiving.

**Jennie LeClaire:** Has been having back pain over the past few months - recently found out it is intercostal neuropathy. She is having PT now which is helping, but she still has pain. Also, she's had vertigo the past few days but is better today.

**Marilyn Knetzger:** Prayers for Marilyn's sister-in-law, Patricia. She had surgery for endometrium and uterine cancer. Her doctor is suggesting for now to just continue checking her every few months.

**Skip Bilhartz:** Had cataract surgery Tues on one eye – it did not go as smoothly as expected but is improving each day. Dr decided to postpone the other eye until Dec 5.

**Janet Bilhartz:** asked for prayers for two of her friends – friend Cathy has RSV (Respiratory Syncytial Virus). Her other friend, Janice, has colon cancer.

**Ellie Connolly:** Prayers for her sister-in-law, Alycia. She was admitted to the hospital last week with shoulder pain. She is home now – but still has pain – heart problems have been ruled out. She will follow up with Dr.

**Linda Morin:** Asked for her son, Geoff, to have God's mercy on him and to feel the love of God. Prayers for him and his family.  
Also, prayers for Linda's daughter, Kristen – she lost her job this past week. She already has one interview set up, but hoping she can find another job soon.

**Anne Roddy: Jerry** continues to have high blood pressure. Dr put him back on previous Rx, so they are waiting now to see if it helps. Keep him in your prayers.

**Gary Wills:** continue prayers for his sister, Arlene Colson. Will have skin grafts Dec 1.

**Rita Ward:** Prayers for her sister, **Myra**. She is discussing with her doctors regarding her treatment options and has some difficult decisions to make.

**Betty Estill** has a swollen and painful foot – as of now, she doesn't know exactly what is causing it. Continues to have her foot wrapped and it's somewhat better.

**Betty Estill:** continued prayers for her nephew, **Blake** with lymphoma.

**Betty Estill:** said that former PACE member, Andrea Harris, has recurring breast cancer. Keep her in your prayers.

**Paul Hurd:** prayers for his sister, Jane Hurd, in Santa Barbara, CA. She has metastatic cancer.

**Sandra Homoky:** continue prayers for her daughter-in-law, Claire. She has necrotizing fasciitis (flesh-eating disease) on her finger from cleaning a salt-water aquarium. So far it has not healed but is not spreading. She continues to take antibiotics.

**Ann Sielert:** Continue prayers for her regarding her diagnosis of osteoporosis - is having 2 shots per month now. But lots of problems getting into her doc for the shots.

**Mike Foley:** His friend, Jeff Rooney (in his 60's) died last week of a sudden heart attack. He had no previous heart issues. Prayers for his wife, Liz and two kids.

**JOYS**     << [back to top](#) >>

**Floy and Ken Rorie:** Sent a thoughtful "thank you" to the class for all the kindness they received during and after Floy's knee replacement.

**Becky Mather:** Some PACE ladies meeting tomorrow Nov 20 at 11:45 at Za Za Thai's in McKinney, 7551 Eldorado pkwy #200 (Alma and Eldorado). She's bringing Joci – if anyone else wants to join to visit with Joci, you are welcome.

**Carol Wills:** Sent an email to Anne and Roy Crutchfield to see how they are doing. An update is on the "name tag" table, if you would like to read. They are fine and miss everyone in our class.

### **November birthdays**

11/11 Nancy Hagberg  
11/12 Carol Cain  
11/16 Mark England  
11/18 Liz Edwards  
11/30 Ford Griffith

### **December birthdays**

12/3 Nelson Cain  
12/5 Cherry Sims  
12/27 Rita Ward  
12/31 Russ Simmonds

**NEXT SUNDAY:** << [back to top](#) >>

Our class will gather at 9:45 AM in the PACE classroom, N255, the following Sunday Nov 26. Zoom connection will be emailed.

**Chris Alexander** will begin our 4-week Advent series with the first session of Adam Hamilton's book "Prepare The Way for the Lord".

**Janet Bilhartz** will provide snacks.

**Chris Alexander** will give the closing prayer.

**GENERAL INFORMATION:** << [back to top](#) >>

1 Wish to view the United Methodist Revised Common Lectionary: ([RCL](#))

2 Wish to contact all the PACE class members with immediate distribution of a prayer request or urgent information? Email [leaders@pacecumc.com](mailto:leaders@pacecumc.com)  
Clearly state in your email that you are requesting immediate distribution.

3 Wish to join the PACE Facebook Group? Contact John Estill or Prissy Wisnewski.

4 Wish to contact PACE class leadership? Email [leaders@pacecumc.com](mailto:leaders@pacecumc.com)

5 Wish to view general PACE information: [pacecumc.com](http://pacecumc.com)

6 Want to update the PACE website? Email David Johnson [dcj@acm.org](mailto:dcj@acm.org)

7 Wish to Change address, telephone, cell phone, email information? Email John Perrine [jperrine42@verizon.net](mailto:jperrine42@verizon.net)

8 Have an item for the next Newsletter? email [news@pacecumc.com](mailto:news@pacecumc.com)

9 Wish to offer to champion one of the following one-time activities?

Missions or Charitable Donation:

email John Estill: [bandjestill@sbcglobal.net](mailto:bandjestill@sbcglobal.net)

10 Wish to watch CUMC sermons or Bible Studies?

[CUMC's YouTube Channel](#)

11 Wish to listen to CUMC podcasts?

<https://cumc.com/podcasts/>

12 Want to choose subscriptions to CUMC media?

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